Salmon Run Trail
Heron Lake State Park
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Trail Description:
The trail extends 5 miles above the lakeshore, through a forest of ponderosa pine, Gambel oak, and sage brush. Most of the trail is about 4'-6' wide with a graded gravel surface. Several sections of trail are narrow and uneven, with a natural surface.

The trail is considered moderately difficult with several challenging hills.

What to Expect:
Look for mule deer, elk, turkey, osprey in the summer, and bald eagles in the winter. There have been occasional sightings of mountain lions.

Precautions:
Be prepared for sudden and extreme changes in weather. Summer can be very hot and dry; please carry water. Late afternoon thunderstorms are common in July and August.
Obstacles include several steep grades, loose gravel, and narrow sections.

Park Rules:
Vehicles must display a valid park permit, which can be purchased at a self-pay station or the visitor center.

- Please pack out all trash
- Keep dogs on a leash
- NO motor vehicles on the trail

Distance:
5 Miles, one way

Activities:
- Hiking
- Mountain Biking
- Cross-County Skiing
- Snowshoeing

Amenities:
- Restrooms
- Benches
- Picnic Tables

Elevation:
7,180’ - 7,340’

Difficulty:
★☆☆☆☆

Visitor Center
N 36°41’46.93”
W 106°39’11.11”

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